

# “THE CODE”

1. All players will remain positive and always cheer on and root for your teammates at all times. Players will never be negative and/or criticize any teammates at any time.
2. Players will run 80% on and off the field between all innings. That means you are hustling in and out the dugout at all times.
3. Players must know your place and role in the game. This includes batting order and defensive positions.
4. The first basemen and center fielder will always hustle out on defense with a ball in your glove. The first basemen will warm-up the infield and the center fielder will warm-up the outfield. A ball should remain in your glove the entire game.
5. The batter and all base runners will pick up the sign from the third base coach before every pitch. After receiving and understanding the sign from the third base coach, the base runner will grab their helmet.
6. All players must be able to position themselves on their own. Players must learn and understand where each position on the field stands and that position’s responsibilities.
7. Players in the dugout must be engaged in the game at all times. This includes encouraging batters, yelling “back!” when the pitch throws over to a base, etc. When a player steals, all other players who are aware yell “stealing.”
8. At the end of every game, the dugout must be cleaner than it was before the game. This means throwing away all trash (bottles, bat tape, food, etc).