Koa Development Team Field Hockey Captains

The Field Hockey Development Team will select one captain prior to each Play Day. The Captain will remain the captain until the next Play Day. Captains are leaders both on and off the field. They are leaders by example, and are expected to be hardworking and dedicated to their team. They are constantly striving to motivate and push their teammates out of their comfort zones in order to help take their team to a new level.

Development Team Captains will be selected based on the following criteria:

- Must perform as a leader on and off the field
- Must exhibit Koa's 4 Core Values - Positive, Dedicated, Team First, Fun
- Must be a player that displays good character and sportsmanship
- Must have a leader's mentality - First one to practice and last one to leave!

Eligibility requirements:

- Must have a minimum of 2 seasons as a Koa Field Hockey Player in any program
- Must excel academically with a B+ and above grade point average
- Prior season practice attendance is taken into consideration

Responsibilities at each Practice and Play Day:

- Lead team warm-up and cool-down
- Organize team between games and have them ready prior to the next game
    - Have all team members at the correct field at the correct time
- Lead field and equipment clean-up
- Voice of the team

Selection Process:

- Voted on by Coaches and Koa Field Hockey administrative staff

Captain Band:

- The captain will be given a Captain's Band to wear on their shin guard during Tournaments